

## The Farmer's Cow Story



The seed was planted for The Farmer's Cow when our six Connecticut dairy farms, with shared concerns, began planning for the future of our family farms. With the growing interest in fresh, locally grown foods we believed consumers were looking for just what we produce: fresh Connecticut milk from Connecticut cows. So we formed our own milk company.

The Farmer's Cow is dedicated to putting a face on Connecticut Agriculture – educating people about farming, sustainable agriculture and ensuring farmland preservation. Our farm tours are one way we do this, offering the public a first-hand look into our working dairy farms. We understand the important role our dairy farms play in the economic health of our communities. We are committed to producing natural, Connecticut milk and other farm products, fresh daily.

### Our Growing Product Line:

Milk • Half & Half • Heavy Cream • Ice Cream  
Eggs • Apple Cider • Summer Beverages • Coffee



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# Welcome to FAIRVUE FARMS



Diane and Paul Miller have been dairy farming together since 1967 when they purchased Fairvue Farm in Woodstock from Paul's mother. The Millers are strong believers in a positive future for dairy farming and locally grown products which is why they are active in Woodstock's local agricultural committees.

The three generations of Miller families work to keep the community informed of what's happening on the farm by speaking to town officials, at local church and civic gatherings, and through the local media.

Fairvue Farms is located next to the historic Woodstock Fairgrounds in Woodstock, CT. In the past 40 years the Millers have expanded their herd from 40 cows to a herd of over 950 Holstein milking cows. The location of this award-winning farm in Connecticut's Quiet Corner suits Fairvue's cows just fine.



### The Farms of The Farmer's Cow

Fairvue Farms, Woodstock • Hytone Farm, Coventry  
Mapleleaf Farm, Hebron • Fort Hill Farms, Thompson  
Cushman Farms, Franklin • Graywall Farms, Lebanon

THE  
**FARMER'S  
COW™**  
MEMBER FARM

Owned by  
Paul & Diane Miller  
Since 1962

199 Route 171  
Woodstock, CT 06281  
860-928-9483

[www.fairvuefarms.com](http://www.fairvuefarms.com)

# Facts about Fairvue Farms

## COWS IN HERD

900 Holstein Cows  
1,015 young Holstein Stock

## CROPS GROWN

800 Acres of Corn for Silage  
700 Acres of Grass for Hay & Silage  
1,400 Acres of Cropland Rented

## MILKING FACILITY

Cows are milked three times per day  
Parallel Double 20 Rapid Exit Parlor  
Automatic take-offs  
Milking Parlor constructed in 1995  
Bright and airy for operator and cows  
Radiant heat in the floor  
Cows kept cool with automatic thermostat controlled fans  
1,500 and 4,000 gallon bulk milk tanks  
Herd production: 70,000 lbs. of milk per day, equivalent to 8,140 gallons  
Milk is transported to the processing plant daily  
Visitor observation area

## COW BARN

Free-stall designed for cow comfort  
Wide alleys and plenty of fresh water  
Cows are free to roam the barn  
They can eat, drink and rest as desired  
Single bar restraint at feed bunk for cow comfort and easy access to feed

## COW BARN continued

Tile lined feed manager  
Cow stalls with rubber mat system  
Wide stalls for cow comfort and plenty of lunge room to get up and get out of the stalls  
Stalls bedded with sawdust and separated solids  
Barns built with an emphasis on summer cooling  
Thermostatically controlled curtains close during cold weather

## HERD HEALTH

Veterinarians make weekly visits to examine cows  
All pregnancies are confirmed  
Protocols are monitored and vaccinations are scheduled  
All cows are bred and carry calf for nine months

## CALVES AND YOUNG STOCK

Cows calve in the pasture or in a calving barn  
Newborn calves are quickly fed high quality colostrums and vaccinated  
Calves are raised in individual hutches and moved, after weaning, to group pens at the Putnam locations  
Heifers move to a free-stall barn at 12 weeks  
Heifers are artificially inseminated at 14 months  
Bred Heifers are moved to pasture once confirmed pregnant  
Heifers calve at approximately 23 months, and then enter the milking herd

## MANURE SYSTEM

Manure drops through the slatted floors in the new barn  
Older barns are scraped twice daily to a reception hopper at the end of each barn and gravity flow to lagoon  
The storage facilities enable us to spread the manure when cropping conditions are right

## MANURE SPREADING

Manure is pumped from the storage facility and delivered to the fields  
In the field the manure is off loaded into a tractor drawn tank spreader  
Manure is broadcast on grass and corn land

## CROPPING SYSTEM

Forage crops of grass and corn are harvested and stored as silage  
The feed is packed into bunker silos where great effort is spent on packaging the forages in order to eliminate oxygen and promote good fermentation  
Silos are covered with plastic and covered with tires to minimize spoilage

## FEEDING SYSTEM

Cows are fed twice daily  
The ration consists of corn silage, grass silage, cornmeal, canola meal, soybean meal, distillers, grain, hay and custom minerals  
A recipe is followed in feeding each group of cows and fed out of a mixer wagon  
A nutritionist comes weekly to balance rations